

## DIARY

Date	Event/Location	Price	Pay Date	Organiser	Dep.	Time
Nov 14	Fish & Chip Lunch - main hall	.50p	October Meeting	Gerry	*	12.30 for 1.00pm
Dec 5	Allara Christmas Lunch - Tovil Cornwallis Suite	£23	Oct/Nov Meetings	Philip	*	12.30 for 1.00pm
Feb 20	Dog & Duck Plucks Gutter	£32.50	Oct/Nov Meetings	Rosemary	*	TBA

### Eltham Palace Trip

We set off from Allington on a sunny day to visit Eltham Palace and arrived in time for coffee which was taken in an old greenhouse. We then made our way to the house and on arrival we were told that a short video was being shown in an upstairs room. After watching it we went our separate ways round the property which was decorated in the art deco style. We also saw the great Hall which was at one time used as a barn before it was renovated. Henry V111 lived here when he was a young boy and was built in 1470. A walk round the garden with lavish borders finished off our time here. We were then taken by coach to the White Hart pub for a carvery which was nice and hot and very well organised. Thank you Marilyn for organising it. Whoever supplied the sweets on our day out, thank you very much.

*Kathy R*

### Kurling

#### September Session 1

Muriel, Colin, Malcolm - Score 95

#### September Session 2

Audrey, Brian W, Colin - Score 119

There are still a number of contenders to challenge for the Championship.

Keep on Kurling!

### Ten Pin Bowling

Following a short break for the summer (where did it go!!) we got off to a flying start at the September session. 10 of us turned up with some very good scores all round. Ian B took the first game with 168 pins with Brian U and David scoring 115 and 112 respectively. The highest ladies score for this game was Maddie on 106 pins. The gauntlet had been thrown down when in the second game Brian U scored a very respectable 157, Maddie with 148 (her highest score ever) and Ian bringing up the rear with 141. Now for the third game where we saw Roly hit 129 pins, Ian 125 and Sylvia 105. A most enjoyable morning. Our next outing is on 18 October (kids are on half term, hence a week earlier than usual).

Just a reminder that the Kentara ten pin bowling competition is on 7th November at the Rochester Bowling lane - start at 11am. ALLARA can only enter 3 teams and if you have given your name to Brian U he will try to accommodate interested parties. We will firm up the details and let members know at the next ALLARA bowl. *Ian B*

# Allara News



THE NEWSLETTER OF ALLINGTON ACTIVE RETIREMENT ASSOCIATION

October 2019 Email [allaranews@aol.com](mailto:allaranews@aol.com) Chapter 3 Issue 152

\*\*\* Our Website - [allara.org.uk](http://allara.org.uk)

### That's Entertainment

At our meeting on 17th September Keith Simmons gave a fascinating talk on his 50 years in Show Business. He went into the audience with cards bearing the names of entertainers and asked members to pick a card. These cards included names like Joe Pasquale, Les Dawson, Frankie Vaughan, Earth Kitt and others all of whom he had worked with over the years. He also told us about the history of the Grand Order of the Water Rats, a charitable organisation which was formed to help out of work actors and anyone connected with show business who needed assistance, but nowadays they do help other charities. He brought back many happy memories of true entertainers and hopefully will return sometime in the future with further stories of his years in Show Business.

Thanks Diane for arranging this really interesting talk and looking forward to further stories from Keith.

*Joyce Foster*

### New Look Kent Active

I really like the re-vamped issue of Kent Active with it's entertaining and quirky content, e.g. "Worth every penny" printed under the 1p coin stuck to the front cover and amusing articles. In the past we have had a surplus of copies going to be recycled so reduced the numbers supplied. Not now! Well done 'Aramis' *Ed.*

### Dog & Duck Outing

An outing has been arranged to the Dog & Duck at Pluck's Gutter (near Canterbury) on Thursday 20th February 2020.

We will be having a two course meal with entertainment provided by Nick. This will be a variety of music with audience participation and some of the members may even enjoy a dance or two.

The meal will be a choice of a pre-booked main course and desserts to be chosen on the day. The cost will be £32.50 and payment to be made at the October & November meetings.

Please see Rosemary W if interested.

### Your Last Chance

Fish & Chips, cup of tea and a raffle **all for 50p !!!**. There are a few tickets still available so if you haven't already done so grab yourself a bargain today.

### Teas Organiser

Due to poor health, Gary and Coral have had to step down from providing teas at our monthly meetings. We extend our grateful thanks to them for their excellent service.

We are pleased to announced that we have secured a worthy replacement without too much arm twisting. Kathy Ribiero will be undertaking this role with the help of our volunteers on the monthly tea roster sheet.

### Allara Christmas Lunch Menu

This is being distributed at today's meeting. Please make your selection and return menu.

ALLARA COMMITTEE MEMBERS

**Chair:** Philip Puttifer 686305  
**Vice Chair:** Jo Dolton 762665  
**Hon. Sec.:** Myra Farrer 756475  
**Treasurer:** Gerry Waters 671691  
**Membership Sec.:** Hilary Susans 661464  
**Outings:** Marilyn Bateup 750480  
**Theatre/Shows:** Rosemary Welcome 736017  
**Holidays:** Philip Puttifer 686305  
**Kentara:** Jo Dolton 762665  
**Newsletter:** Colin Lester 717511  
**Speakers:** Diane Lefevre 756326  
**General Asst.** Rosemary Kitney  
**Meet & Greet:** Betty Douglas 753424  
**Hall Bookings:** Kathy Ribiero 765951

INFORMATION

Meetings are held on the 3rd Tuesday of the month from 2pm to 4pm  
**Monthly Meeting**  
There were 108 members + 2 new members & 1 visitor attending the September meeting

Suggestion Box

Sheffield Park & Gardens. Prettiest in Autumn  
*Sylvia Denny*  
Les Miserables Concert, London  
Wakehurst or Kew Botanical Gardens (N.T.)  
Pantomime Hazlett Maidstone

SPEAKER PROGRAMME

October 15  
Prue Anderson  
**Pilgrimage to Adriano**  
  
November 19  
Ann Chance  
**Petticoat Pilot**  
  
December 17  
Heather Brookes  
**The Spare Part**

Allara Activities

Tai Chi

Every Monday 11.30 to 12.30 - £4  
Contact: Christine 677629

Keep Fit

Every Wednesday 10.30 to 11.30 - £3  
Contact: Myra 756475

Art Group

Every Monday 1.30 to 4.00 - £2.50  
Contact Megan Christmas 759426

Rambling

1st Monday in month 10.00 - FOC  
Contact: Roly 677629

Kurling

2nd & 4th Monday s in month  
1.45 to 4.30 - £2.50  
(Inc. Tea/coffee & cake)  
Contact: Philip 686305 or Colin 717511

Kentara Activities

Ten Pin Bowling

Last Friday in month 11 to 2 - £6.25  
(3 games & tea or coffee)  
Contact: Brian 759796

Line Dancing

Every Monday  
Beginners 12.45 to 1.45 - £3  
Advanced 2 to 4 - £3.50

Kentara Diary Dates

October 25  
**Annual Supper & Race Night**  
Ditton Community Centre 7pm start  
£9 including Ploughman's Supper  
December 5  
**Kentara Christmas Concert**  
Ditton Community Centre

Allara First Aider

Audrey Boston 695466

Kent Community Warden Service

Dawn Riach-Browne 0777 3397125

Seniors

Most seniors never get enough exercise. In his wisdom God decreed that seniors become forgetful so they would have to search for their glasses, keys and other things, thus doing more walking.

And God looked down and saw this was good.

Then God saw there was another need. In His wisdom He made seniors lose co-ordination so they would drop things, requiring them to bend, reach and stretch. And God looked down and saw it was good.

Then God considered the function of bladders and decided seniors would have additional calls of nature, requiring more trips to the bathroom, thus providing more exercise. God looked down and saw it was good.

So if you find as you age, you are getting up and down more, remember it's God's will. It is all in your best interest even though you mutter under your breath.

Important Facts to Remember as We Grow Older:

\*Men have **two** motivations: hunger and hanky panky and they can't tell them apart. If you see a gleam in his eyes, make him a sandwich.

\*Teach a person to use the internet and they won't bother you for weeks, months, maybe years.

\*All of us could take a lesson from the weather. It pays no attention to criticism.

\*In the 60's, people took LSD to make the world weird. Now the world is weird and people take prozac to make it normal.

\*Life is like a jar of jalapeno peppers. What you do today may be a burning issue tomorrow.

Please share this wisdom with others while I head to the bathroom.

It's A Fact

\* Many years ago in Scotland, a new game was invented. It was ruled 'Gentleman Only....Ladies Forbidden'...and thus the word GOLF entered into the English language.

\* The first couple to be shown in bed together on prime time TV was Fred and Wilma Flintstone

\* Men can read smaller print than women can; Women can hear better.

\*Coca Cola was originally green.

\*It is impossible to lick your elbow.

\*Each King in a deck of playing cards represents a great king from history:  
Spades - King David  
Hearts - Charlemagne  
Clubs: Alexander the Great  
Diamonds - Julius Caesar

\* 111,111,111 x 111,111,111 = 12,345,678,987,654,321

\* Q. What do bulletproof vests, windshield wipers, and laser printers have in common?  
A. All were invented by women.

\* In Shakespeare's time, mattresses were secured on bed frames by ropes. When you pulled on the ropes, the mattress tightened making the bed firmer to sleep on. Hence the phrase...'Goodnight, sleep tight'

\*.A statue in the park of a person on a horse. If the horse has both front legs in the air, the rider died in battle. If the horse has one front leg in the air, the rider died because of wounds received in battle. If the horse has all four legs on the ground, the rider died of natural causes.

Supplied by M&M